



## **Style of Play**

### **Game Model**

*Game -> Moments -> Phases -> Principles*

#### **Moments:**

##### **1. Attacking**

- a. Direct
- b. Decisive
- c. Willing
- d. Creative

##### **2. Defending**

- a. Controlled
- b. Packed
- c. Patient

##### **3. Transitioning to Attack**

- a. Aggressive
- b. Alert

##### **4. Transitioning to Defense**

- a. Aware
- b. Alert

#### **Phases:**

##### **1. Attacking**

- a. Start the attack
- b. Build the attack
  - i. Progress the ball
  - ii. Move forward as a team
- c. Create a chance
  - i. Make a run towards the goal
  - ii. Take a shot or force a corner kick

##### **2. Defending**

- a. Get organized
- b. Keep the ball in front
- c. Stop opponent's chances
  - i. Force mistakes



3. **Transitioning to Attack**
  - a. Play forward
  - b. Maintain possession
4. **Transitioning to Defense**
  - a. Win the ball back
  - b. Get bodies behind the ball

***Principles:***

1. **Attacking**
  - a. Identify open space
  - b. Create short passing options (triangles)
  - c. Use short passes to draw out defense
  - d. Exploit space in behind
  - e. Get multiple bodies in the box
2. **Defending**
  - a. Keep the ball in front
  - b. Maintain shape and spacing
  - c. Pressure opponents on the ball
  - d. Keep numbers behind ball/in front of goal
  - e. Maintain shape for potential counterattack
3. **Transitioning to Attack**
  - a. Get attacking players high and wide
  - b. Identify space and weaknesses in opponent's shape
  - c. Use movement off the ball to get in behind opponent's defense
  - d. Maintain defensive shape
4. **Transitioning to Defense**
  - a. Pressure the ball
  - b. Maintain shape while retreating
  - c. Support space in front of goal